



Inner Light

IIW President
Charlotte De Vos

Association President
Mamta Agarwal

District Chairman
Dr. Sandhya Bhat

Club President
Mamta Shah

Club Secretary
Deval Shah

Editor
Reenu Tikka

I.I.W. Theme 2015-16 Unique & United



Dr. Sandhya Bhat
District Chairman

Dear Mamta, Reenu & my dear members,
It gives me great pleasure to pen down my thoughts for your Club Bulletin.

In Mamta we have a very dynamic & focused leader who is doing extremely well.

Inner Wheel Club of Bombay Seacoast established in 1989 already has given us a leader PDC Dr. Jyoti Soneji & now we have a future leader in District ISO Dr. Devangi Vakharia.

Inner Wheel gives us a beautiful platform to serve the society even when we know they can't help you back, but we can help them.

Mamta, you have an opportunity as serving the Club President of this prestigious club & I am sure you are making full use of this opportunity.

"It is not doing the things we like to do, but liking what we have to do that makes life blessed"

With lots of love,



Mamta Shah
President

I would like to thank all the club members for having put their confidence in me and giving me this opportunity to serve this esteemed club. I look forward to the coming year and with your support, I will do my best to do justice to the position you all have entrusted upon me. This year our goal shall be to promote true friendship amongst the members through interesting fellowship programs, encourage each and every member to participate in the projects of their choice and to reach out to maximum number of underprivileged members of our community.

We are all here today united by a common cause. Let's work together so that we can make a difference. We must remember that we are here "to do good". But let's also remember that time to do good deeds is "NOW" and not at some future date. Osho tells the story of Mulla Nasrudin. The town's richest man had died. The next morning, another rich and particularly miserly old man said to Mulla Nasrudin, "I wonder how much he left?". Mulla Nasrudin laughed and said "Every cent of it, sir". So let's never forget that we know we've come into this world with empty hands and we will leave this world with empty hands. Lets do good "Now".



Alka Adukia
IPP

"You never know what's around the corner. It could be everything. Or it could be nothing. You keep putting one foot in front of the other, and then one day you look back and you've climbed a mountain." Tom Hiddleston. These lines best describe the journey that becomes memorable for every President! Nearly 150 Projects ongoing and new, benefitting over 17,000 persons (not including the Kashmir & Nepal figures), worth over Rs. 17 lakhs, plus invaluable personalized service from our talented and professional members... In its 25th year, Seacoast figured its best and was awarded Certificates in the District! Thank you Bombay Seacoast members, for spontaneously supporting the myriad Projects that came our way! And now the first 2 months of the present year promisingly and excitingly show, that Seacoast is going all out to prove, "we have not lived in vain"! My very best wishes for President Mamta and team: may you **Unitedly** win many laurels for Seacoast this year, with your **Unique** talents!



Mr. Sampath Iyengar
Rotary President

First of all let me congratulate Inner wheel members for coming out with a First edition of bulletin. Last couple of month have been very hectic in terms of project where Rotary club and Inner Wheel jointly undertook a very good program of "blanket distribution to children at Ashramshala & Wada. Nearly 400 blankets were distributed to either orphan or needy children. Mention also should be made about our signature project at **Ashok Chandavarkar's school at Wada**. Medical camp which included eye check up, dental check up, and general check up along with providing medicine totally free where Inner wheel and its member played a very vital role and made the project better. I also came to know about your initiative at **Wakdi village**, and also the very unique experment "Equal Street" Linking road, Bandra. I wish such good deeds should continue and I wish all the best and hope you all will work to achieve the goal of bringing a smile on the face of underprivileged. I always believe it is not important what you talk or what you do, people remember you only if you make any changes in their life or how you touch their life whatever the little way you can so, light up as many as more lives you can. I am thank full to the team of Inner wheel for asking my forward and once again all the best.

*Welcome District
Chairman Dr. Sandhya Bhat
1st September 2015*



OUR CLUB ALBUM

Attend
Triennial at Kolkata
5th to 7th Feb. 2016



Golden Moments of the Setting Year



Coronation of the New Queen

Our Club Information
Charter Date : 5.10.1989
Membership : 57
Meeting Date : 1st Tuesday
Closing Months : April & May



Sponsored II Children at Ashramshala



Gurupurnima celebration with Gandhigram School



Mid-Day Meal at Gandhigram School



New Team - 2015-16



Blessings of the District Executive

OBJECT OF INNER WHEEL
To promote true friendship
To encourage the ideals of personal service
To foster international understanding



300 Mango Sapling at Vandsa



19 Cancer Patient taken to PVR for movie



Freedom Red



Proudly Indian Painting Competition



23 Beneficiaries of cow donation



Medical check-up at SSC School



Rubella Vaccination 400 girl's



Fun Fair with Dilkush



Library Upgradation at Jagdale School



Sponsored Lunch to 120 Kids Eklavya Schools



Rudri Pooja for Senior Citizen



ISO PAGE

Khandvi Twist is a unique dessert. It is unique because it unites 'Khandvi'; a savory speciality of Gujarat, with 'Halwa' - the king of sweets from Punjab. It is unique also because it happily brings roots and nuts, fruits and spices together to create a stunning platter of edible pleasure combined with rich nutrients. 'Khandvi Twist' is where a palette of colours joins hands with a trayful of tastes. It first melts in your mouth and then makes your heart melt. 'Khandvi Twist' is unique because it unites creative thinking with culinary techniques- the creative thinking that led to the bold use of rice flour; an unusual ingredient for the khandvi and fennel, cinnamon and lemongrass which twisted the tastes of halwas totally, to make cooking a pride and eating a joyride.



Khandvi Twist
Dessert of fusion of
Gujarat & Punjab



2nd prize to Shilpa in ISO Meet



Malinder was invited for the District I3 (London) Luncheon where she donated 50 pounds for their District Project (Aspire-who help people with spine injury) Here she is with District Chairman Rosemary Cone



Invited members of IWC of Stockholm Ekero District 235 by Malinder for Brunch at Stockholm and they donated 1000 SEK for Vandsa project



Attended meeting of IWC of Clapham (London) District I3 by Malinder



Joint Project was done with District 303 IWC of Nasik Ambad, IWC of Nasik & IWC of Deolali, by Shilpa We donated Drill equipments and biscuits to mill workers children studying in Ambad



Flag exchange with IWC of Rotorua Dist. NZ293 (Newzealand) by Bijal



Flag exchange with IWC Chelsea and Westminster District I3 and Dolly was invited for the annual picnic



Dr. Devangi Vakharia
District ISO.

Warm Greetings to all. It is a proud privileged to represent as ISO of prestigious Dist. 314. This year we started our Inner Wheel Year with a big bang by organizing an ISO cooking competition SERVE A DISH based on our theme "Unique n United". 48 ISO'S from our Dist. 314 took part & 15 ISO'S from other Districts had participated.

Cooked dish was fusion of two states or two countries which full of innovation & creativity. Sonepe Suhaga was Master Chef Sanjeev Kapoor judge the competition who with a single call from his mother accepted invitation humbly. The ISO meet was made a memorable one where Urmilaben our own Senior Citizens Club member was felicitated by his own celebrity Chef Sanjeev Kapoor.

The Success of ISO meet goes to my dedicated & committed members. My special thanks to Bhartiben, Ranjan, Bijal, Mamta, Deval, Ami & Shilpa.

Club Editor's note

Someone asked me how come you wear several masks that of a mother, wife, daughter, sister and working women and now Editor. The day I shed my mask I will discover that I have lost my true self.



Unique and United is surely apt theme this year, as if not United no Unique enterprise in this world will happen. Our Club thrust area is on Rural Upliftment- essence of what it means to be Human. It enables us to look beyond superficial difference to perceive the great earth, the great sea of life that sustain us all and we Seacoasters are heading towards it.

Reenu Tikka

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FAMILY NEWS

Radhika & Deepak have been blessed with grand son

Aruna and Manohar have been blessed with a grand daughter

Falguni Dhruva daughter Pari got 93.80% in her ICSE Board.

She was the captain of her Akbar house and manage to get both the cups- the spot cup and overall cup inspite of her 10 std grade pressure